

First Name	Last Name	Category	Club	Suburb/City
Jane	Ablett	F55	Cherwell Runners & Joggers	Shotteswell
Tara	Abraham	FO		London
Rebecca	Abraham	F55		Bangalore
Abbi	Adamson	FO		Maidenhead
Philip	Adamson	M60	Windle Valley Runners	Camberley
Lee	Addison	M45		Fareham
Jane	Ainslie	F45		Wokingham
Ian	Ainslie	M50		Wokingham
Rob	Albery	M40	Datchet Dashers	Englefield Green
David	Alderson	MO		Slough
Carolyn	Allan	F40		Grundisburgh
Debbie	Allen	F35		Windsor
Clive	Allen	M45	Datchet Dashers	Windsor
Richard	Allin	MO		Reading
Charlie	Al-Zaid	F40		Maidenhead
Anisha	Anand	FO		Rickmansworth
Stuart	Anderson	M55		Salisbury
Paula	Andrews	F45	Thorney RC	Whittlesey
Lydia	Andrews	FO		Farnham
Angie	Aplin	F45	Corsham RC	Chippenham
Russell	Armer	M40		Milton Keynes
Linda	Arthur	FO		Banbury
Dhuvarahan	Arumuganesan	MO		London
Jonathan	Arundale	M35	Runnymede Runners	Staines
Nicci	Ashton	FO		Basingstoke
Mark	Ashton	M55		Wokingham
Claire	Ashton	F55		Wokingham
Andrew	Ashton	MO		Wokingham
Sophie	Aston	FO	Bracknell Forest Runners	Bracknell
Clare	Atkinson	F40		Windsor
Sarah	Austin	FO	Bracknell Forest Runners	Bracknell
Wayne	Aylott	M55	Garden City Runners	Welwyn
Jane	Bailey	F45		Basingstoke
Gary	Bailey	M35		Portsmouth
Lucy	Bailey	F45		Burnham
Richard	Baker	M45	Runnymede Runners	Egham
John	Baldock	MO		Tunbridge Wells
Tom	Banks	MO		Newbury
Oliver	Banks	MO		Tunbridge Wells
Steph	Barber	F35		Taplow, Maidenhead
Alex	Barrelet	FO		Ely
Kevin	Barrett	M45		Rickmansworth
Julie	Barrow	F60		Ascot
Sian	Barrow	FO	Marlow Striders	High Wycombe
Lucie	Barrow	FO		Ascot
Rebecca	Bastable	F35		Gravesend
Claire	Batchelor	F40		Reading
James	Bates	MO	Datchet Dashers	Slough
Hayley	Batten	F35		Datchet
Sarah	Baverstock	FO		Warwick
Chantelle	Baxter	F45		Wokingham
Duncan	Bayley	M35		Egham
Laura	Baylis	F35	Datchet Dashers	Old Windsor
Amanda	Beard	FO		Slough
Gemma	Beck	F35	Datchet Dashers	Windsor
Chris	Bell	MO		London
Richy	Bendall	M45		Bracknell
Tom	Bennett	MO		London
Kamilla	Bennett	F35		Slough
Paul	Berry	M60		Portsmouth
Julian	Berry	M55	Royston Runners	Royston
Paula	Berry-Pearson	F45		Haywards Heath
Claire	Betteridge	F45		Windsor
Darinder	Bhangoo	M35		Maidenhead
Alison	Bicknell	F40		Maidenhead
Tracey	Biggs	F40		Maidenhead
Lucy	Birch	F35		Slough
Emily	Bird	F35	Burnham Joggers	Maidenhead
Manjit	Birk	F40		Iver
Hilary	Birkin	F40		Bracknell
Bev	Blackburn	F35		Wokingham
Claire	Blazquez	F45		Slough
Richard	Blumsom	M50	Garden City Runners	Codicote
Chris	Boardman	M40	Trail Running Association	Reading

Georgia	Boden	FO		Lancing
Lee	Bond	MO		Windsor
Lara	Bonici	F50	Crystal Palace Fun Runners	London
Lisa	Borthwick	F35		South Ascot
Carol	Bowen	F60	Aldridge RC	Walsall
Claire	Boyes	FO		Walsall
Jonny	Boyes	MO		Walsall
Louise	Braddock	FO		Bishop?S Stortford
Chris	Bradfield	M45	Datchet Dashers	Windsor
Miranda	Bradshaw	FO		Windsor
Sacha	Brech	M45		Staines-Upon-Thames
Alison	Brech	F45		Staines-Upon-Thames
Jake	Brech	MJ		Staines-Upon-Thames
Max	Brech	MJ		Staines-Upon-Thames
Matt	Brewer	M50		Ipswich
Zoe	Briffett	F45		Henley-On-Thames
Cristina	Brookes	F40		Wokingham
Mike	Brooks	M45		Windsor
Kevin	Brooks	M35		Sandhurst
Katie	Brothers	F40	Overton Harriers & AC	Whitchurch
Chloe	Browitt	F40		Maidenhead
Catherine	Brown	F40		Farnborough
Nicola	Brown	F40		Staines
Ceri	Brueton	F40		Reading
Pieter	Brummer	M35		Southampton
Vanessa	Bryan	FO		Slough
Jan	Bryan	F55		Sutton Coldfield
David	Bryan	M55		Sutton Coldfield
Lucy	Bryan	FJ		Sutton Coldfield
Matt	Bryan	MJ		Sutton Coldfield
Mark	Bryanton	M40		Camberley
Lee	Buckerfield	M40	Aldridge RC	Walsall
Tina	Buckeridge	F45		Stevenage
Yvette	Buckingham	F45	Burnham Joggers	Slough
Adam	Burch	MO		Warwick
Karen	Bureau	F40		Wokingham
Darren	Burke	M40	Gade Valley Harriers	Hemel Hempstead
Karen	Burles	F40	Reading AC	Bracknell
Dave	Bush	M50	Overton Harriers & AC	Fleet
Patrick	Butler	M45	Burnham Joggers	Iver
Kati	Butler	F35		Bracknell
Debbie	Bye	M50	Sherfield Park Runners	Basingstoke
Jemma	Calver	F35		Yateley
Steve	Campion	M65		Slough
Keith	Cannon	M50	Hatch Warren Running Club	Basingstoke
Kate	Careswell	F40		Gloucester
Michelle	Carey	F40		Maidenhead
Maddie	Carney	FO		Gerrards Cross
Debbie	Carter	F45		Datchet
Adrian	Carter	M50		Slough
Darren	Carter	M45		Tadley
Ric	Casale	M50		Windsor
Phaedra	Casey	F40	Burnham Joggers	Slough
Nichola	Castle	F35		Slough
Emma	Caudwell	F50	Shepperton Running Group	Shepperton
Edwin	Chamanga	M35		Bracknell
Martin	Chambers	M60		Ascot
Keith	Chandler	M50	Belper Harriers	Belper
Billijo	Chapman	F40		Fleet
Jenny	Chapman	F40	Runnymede Runners	Egham
Robert	Chapple	M60		Camberley
Emma	Chatterton	F45		Wokingham
Christopher	Cheek	M40	Lichfield RC	Burntwood
Dean	Childs	MO	Wycombe Phoenix Harriers & AC	Slough
Victoria	Childs	FO		Slough
Lana	Christmas	F40		Worthing
Mark	Christmas	M40		Worthing
Hayden	Christmas	M45		Worthing
Heidi	Christmas	F45		Worthing
Tomasz	Cieslak	M40		Luton
Anna	Ciupa-Singamshetty	F35		Hounslow
Iain	Clack	M40		Slough
Debbie	Clack	F40		Slough
Katt	Clark	F40	Handy Cross Runners	High Wycombe
Sarah	Clarke	F35	Bracknell Forest Runners	Bracknell

Mike	Clarke	M35	Bracknell Forest Runners	Bracknell
Tristan	Clarke	M35	Headington RRC	Abingdon
Lewis	Clarke	M45		Cheshunt
Abbie	Clayton	F40		Wallingford
Wayne	Clements	M35	Datchet Dashers	Feltham
Anne-Marie	Clifford	FO	Datchet Dashers	Windsor
Yann	Cluchey	M35		Aylesbury
Lucinda	Cobb	F40		Windlesham
Sue	Coker	F60		Thatcham
Guy	Coles	M35		Bracknell
Samantha	Collier	F45	Cherwell Runners & Joggers	Banbury
Michelle	Collins	F45		Borehamwood
Sally	Collins	F45	Runnymede Runners	Woking
Vicki	Collins	F35		Frimley
Naomi	Comba	F35		Reading
Stacey	Connor	F50		Woodford Green
Graham	Cook	M50	Hatch Warren Running Club	Basingstoke
Lizzie	Cooke	F55		Reading
Heather	Coombes	F45	Blackwater Valley Runners	Camberley
Anthony	Cooney	M40		Iver
Richard	Cooney	M40		Iver
Emma	Coop	F35		Bexley
Vicky	Cooper	FO	Tone Zone Runners	Arundel
Daniel	Cooper	MO		Arundel
Juliet	Cornelius-Rumsey	F50		Orpington
Graham	Cotton	M40		Windsor
Paul	Cottrell	M55	Garden City Runners	Hatfield
Lynne	Cottrell	F55	Garden City Runners	Hatfield
Helen	Coulthard	F40	Bracknell Forest Runners	Crowthorne
Nikki	Cowen	F45	Garden City Runners	Welwyn
Monica	Coyne	F45	RunThrough	Beckenham
Vanessa	Cracknell	F60	Blackwater Valley Runners	Aldershot
Emma	Craig	F35		Slough
Justin	Craig	M40		Slough
Nikki	Crawford	F55		Ashford
Lorraine	Croggon	F50	Running 4 Women Club	Newbury
Michael	Crolier	MO		Reading
Alison	Cronin	F55	Burnham Joggers	Slough
Sophie	Cronin	FO	Burnham Joggers	Slough
Ben	Cross	MO		Slough
Ruth	Cross	FO		Slough
Wendy	Cross	F55		Banbury
Stephen	Crossley	M50	Eastleigh RC	Eastleigh
David	Crowder	M35		Surrey
Mary	Curran	FO	Datchet Dashers	Windsor
Jackie	Dainton	F45		Reading
Nadine	Dallamore	F50		Slough
Adam	Daly	M35		Maidenhead
Kevin	Dance	M50	Tring RC	Leighton Buzzard
Kirsty	Dance	F55	Tring RC	Leighton Buzzard
Sophie	Dann	FO		Chalfont Saint Giles
Scott	Davies	M35		London
John	Davis	M50	Garden City Runners	Welwyn Garden City
Paul	Day	M45		Farnham
Ruth	Daykin	F40		Milton Keynes
Paul	Derriman	M40		Slough
Sandeep	Dhaliwal	F35		Stoke Poges Buckinghamshire
Miguel	Diaz-Meco	M40		Ely
Cathy	Dickins	F50		Haywards Heath
Louise	Diggens	F40	Datchet Dashers	Windsor
Richard	Diggens	M40	Datchet Dashers	Windsor
Michelle	Digman	F40		Wokingham
Simon	Dinsdale	M50	Datchet Dashers	Slough
Carl	Dodds	MO		Winchester
Melissa	Dods	F40		Windsor
Kelly	Doe	FO		Reading
Jason	Dorta	M45		Slough
Nick	Dow	MO		Woking
Nik	Dowdeswell	M35		Cheltenham
Phil	Downes	M35		Maidenhead
Clare	Downs	F45		Bracknell
Emma	Doyle	F45		Reading
Chris	Driver	M35		Uxbridge
Norma	Dudley	F70	Cove Joggers	Farnborough
Liam	Duffy	M65	Windle Valley Runners	Camberley

Andy	Dunn	M60	Runnymede Runners	Addlestone
James	Dunning	M35	Runnymede Runners	Ashford
Elliott	Dupree	MO		Slough
Alice	Dupree	FO		High Wycombe
Steve	Dye	M50		Ascot
Lesla	Dyson	F45	Sherfield Park Runners	Basingstoke
Del	Edmunds	M50		Windsor
Clare	Edwards	F45		Windsor
Joe	Edwards	MO		Wokingham
Melissa	Elliott	F40	Datchet Dashers	Datchet
Leigh	Emery	M40		Slough
Claire	Emmerton	F40		Richmond
Joanna	Evans	F50	Rickmansworth Running Sisters	Rickmansworth
Mark	Evans	M45	Burnham Joggers	Slough
Colin	Evered	M65	Runnymede Runners	Ascot
Vikki	Farnell	F40		Portsmouth
Sarah	Farragher	F45		Sandhurst
Alison	Faulkner	F50		Harefield
Dana	Faulkner	FO		Windsor
Simon	Felstead	M40		Egham
Dean	Ferris	M45		Iver
Gary	Fhithyan	M50	Lordshill Road Runners	Southampton
Lisa	Fhithyan	F40	Lordshill Road Runners	Southampton
Julie	Fidler	F55	Bracknell Forest Runners	Bracknell
Jason	Field	M45		Oxford
Kasia	Filipowicz	FO		Uxbridge
Judy	Fitton	F50	Runnymede Runners	Woking
Rebecca	Flavelle	FO		Slough
Steve	Fleck	M55	Tadley Runners	Tadley
Pauline	Flitton	F40		Caterham
Morag	Forbes	F35	Vegan Runners	Bexleyheath
Alex	Ford	MO		Hindhead
Duncan	Ford	M35	Datchet Dashers	Windsor
Lorenzo	Forghieri	MO	Brunel University AC	Northolt
Jeff	Fortescue	M45		Arundel
Mark	Foster	M45	Aldridge RC	Walsall
Lowri	Fothergill	FO	Runnymede Runners	Sunbury On Thames
Tim	Foulds	MO		Maidenhead
David	Fox	MO	Alchester RC	Bicester
Martyn	Fox	M55		Bicester
Greg	Fradd	M45		Windsor
Tracey	Francis	F45		Stafford
Sarah	Francis	F45		Slough
Robert	Franck	M35	Runnymede Runners	Staines-Upon-Thames
Steve	Fraser	M50	Datchet Dashers	West Drayton
Ellen	Fryer	FO		London
Diane	Fulford	F55	Marlow Striders	Marlow
Gordon	Fulford	M55		Marlow
Michelle	Funnell	F40		Maidenhead
Gillian	Fynn	F35	Sherfield Park Runners	Tadley
Mike	Gabbitass	M35		Bicester
Craig	Gale	M40		Slough
Kelly	Gale	F35		Slough
Kate	Gallina	F35		Wokingham
Helene	Galsworthy	F40		High Wycombe
Luke	Gardner	MO		London
Sharron	Garrett	F50		Slough
Suzy	Gaulton	F55		Windsor
Hilary	Gauna	F60	Burnham Joggers	Burnham
Kate	George	F45		Windsor
Alex	Ghiacy	FO		Woking
Vera	Gielen	FO		London
Veronika	Gill	FO	Datchet Dashers	Slough
Jim	Gillanders	M50		Windsor
Charlene	Giri	F35		Slough
John	Gobbi	M45	Gosport Road Runners	Fareham
Helen	Godfrey	F40	Sedgefield Harriers	Stockton-On-Tees
Kanchan	Gokhale	F50		Slough
Matthew	Goldup	MO		London
Paul	Goodyear	M45		Sandhurst
Amol	Gore	M45		Slough
Trupti	Gore	F40		Slough
Parth	Gore	MJ		Slough
John	Gould	MO	Runnymede Runners	Windsor
Richard	Gower	M40		Stoke Poges

Charlotte	Grand-Scrutton	F35		Wokingham
Janice	Grant	F55	Runnymede Runners	Egham
Laura	Gray	FO		Windsor
Chris	Green	MO		High Wycombe
Scott	Green	MO		Windsor
Marvin	Green	M35		Bracknell
Tonia	Green	F35		Reading
Stephen	Greenham	MO	Burnham Joggers	Slough
Ann-Louise	Gridley	F45		Basingstoke
Sarah	Grier	F35		Bristol
Sarah	Griffiths	F35		Yate
Jason	Griffiths	M45		Ruislip
Linda	Gudge	F50		Fleet
Andrew	Gudge	M50		Fleet
Monica	Guerin	F40		Egham
Tom	Guest	MO		Sutton Coldfield
Vicki	Gunner	F40	Handy Cross Runners	High Wycombe
Dan	Gurney	M35	Reading Joggers	Reading
Laura	Gush	FO	Bearbrook Joggers RC	Aylesbury
Shital	Haines	F45		Wokingham
Robert	Haines	M45		Wokingham
Petra	Hale	F50		Windsor
Gareth	Hall	M35		London
Fiona	Hamilton	F40		Chippenham
Collette	Hammersley	F35		Windsor
Ibi	Hanif	M45		Slough
Peter	Hansen	M60	Windle Valley Runners	Frimley
Jennifer	Harding	FO		Wolverton
James	Hart	MO		Slough
Stephen	Hartigan	M35	Datchet Dashers	Slough
Loraune	Hartis	F50	Lordshill Road Runners	Southampton
Sarah-Jayne	Hartley	FO	Blackwater Valley Runners	Hants
Julie	Harvey	F55		Farnborough
Joe	Hayes	M35		Yateley
Véronique	Haynes	F35	Blackwater Valley Runners	Farnham
Sarah	Hayward	F40	Hazlemere Runners	High Wycombe
Katrina	Heath	F40		Tadley
Sue	Heathfield	F55		Didcot
Gemma	Heggs	FO	Denmead Striders	Havant
Zoe	Hemes	FO	Tone Zone Runners	Arundel
Nicholas	Hemming	M50		Windsor
Barry	Hensby	M50	Windle Valley Runners	Ascot
Natalie	Herbert	F45	Cherwell Runners & Joggers	Banbury
Karly	Herd	FO		Slough
Charlie	Herd	MO		Slough
Geoff	Herron	M55		Basingstoke
Stella	Herron	F50		Basingstoke
Mary	Hewitt	F60	Garstang RC	Preston
Jonathan	Hewitt	M60	Garstang RC	Preston
Emma	Hewitt	FO		Preston
Mark	Hewitt	MO		Preston
Emily	Hicks	FO	Datchet Dashers	Yateley
Melissa	Hill	F35		Windsor
Sarah	Hill	F45	Farnham Runners	Farnham
Emily	Hill	FO		Nr Basingstoke
Mike	Hill	M50		Wokingham
Katie	Hill	FO		Gerrards Cross
Peter	Hill	MO		Gloucester
Michael	Hill	M65	Datchet Dashers	Slough
Graham	Hill	M40		Slough
Ian	Hitching	M50	Poole AC	Poole
Jayne	Hodges	F55		Wokingham Berkshire
Peter	Hodges	M60		Wokingham Berkshire
Anna	Hodson	F40		Ruislip
Paul	Hogan	M45		Watford
Aidan	Hogan	MJ		Watford
Andrew	Hogg	M45		Watford
Clare	Holdway	F35		Maidenhead
Rebecca	Holland	F35		Gloucester
Gary	Hook	M45		Uxbridge
Celia	Horskins	F50		Reading
Robert	Horskins	M50		Reading
Rajinder	Hothi	F55		Southsea
Jane	Hounscome	F50	Datchet Dashers	Windsor
Nikki	Hovell	F60	Arunners RC	Yapton

Nicki	Howard	F50	Eastbourne Rovers AC	Pevensey Bay
Rebecca	Howard	F35		Ware
Mel	Howes	F45		Twickenham
David	Howlett	M50		Tadworth
April	Howlett	F35	Windle Valley Runners	Camberley
Emma	Hudson	FO		High Wycombe
Tracey	Hughes	F45		Slough
Shane	Hughes	M40		Slough
Julie	Hughes	F55	Sherfield Park Runners	Basingstoke
Martin	Hughes	M40		London
Benjamin	Hull	MO	Burnham Joggers	Slough
Andrew	Humphrey	MO	Burnham Joggers	Penn
Christopher	Hunt	M55	Datchet Dashers	Old Windsor
Chris	Hunt	MO	Datchet Dashers	Windsor
William	Hurley	M60	Blackwater Valley Runners	Aldershot
Saania	Hussain	FO		London
John	Hutchins	M55	Eden Runners	Uxbridge
Lawrence	Huxley	M45		Bourne End
Michael	Hyde	M35	Vegan Runners	Reading
Robert	Iannello	M45		Slough
Jacqueline	Ing	FO	Handy Cross Runners	High Wycombe
Steph	Ing	FO		High Wycombe
Nyki	Inskip	F35		Basingstoke
Sayed	Islam	M50	Maidenhead AC	Maidenhead
Sayeeshwar	Iyer	M40		Slough
Vidya	Iyer	F35		Slough
Kirstie	Jackson	F50		York
Warren	Jackson	M45	On The Run Aylesbury	Wendover
Lisa	Jackson	F55	On The Run Aylesbury	Wendover
Mike	Jackson	M45		Egham
May	Jackson	F45		Milton Keynes
Mark	Jacobs	M55	Maidenhead AC	Windsor
Majid	Janjua	M40		Slough
Zahra	Jarche	FO		Slough
Katie	Jarvis	F35		Wokingham
Judi	Jeffries	F65	Maidenhead AC	Maidenhead
Sam	Jennings	MO		Wantage
Helle	Jersild	F55	Runnymede Runners	Englefield Green
Benji	Jespersen	F45	Handy Cross Runners	High Wycombe
Darren	Jones	MO		Slough
Gareth	Jones	M45	Bracknell AC	Ascot
Ewan	Jones	MO		Reading
Imogen	Jones	F35		Abingdon
Nicola	Jones	F45		Maidenhead
Dilwyn	Jones	M50		Ascot
Jenni	Jones	F45	Bracknell Forest Runners	Bracknell
Jo	Jones	F45	Bracknell Forest Runners	Bracknell
Martin	Jones	M60	Herts Phoenix AC	Welwyn
Damion	Jones	M40		South Cerney
Gareth	Jones	M45		Reading
Robert	Jones	M45	Garden City Runners	Welwyn Garden City
Elena	Jones	FJ	Bracknell AC	Ascot
Melanie	Jordaan	F40		Wokingham
Kulvinder	Kang	F35		Sutton Coldfield
Manjunath	Kankanmeli	M40		Slough
Marika	Karavan	F55	Maidenhead AC	Maidenhead
Nura	Karpowitsch	F50		Crawley
Emma	Keen	F35	Maidenhead AC	Maidenhead
Nicola	Kelly	F35	Bracknell Forest Runners	Wokingham
Phil	Kemp	M40	Datchet Dashers	Windsor
Cheika	Kennedy	F45	Barrow Runners	Loughborough
Kayleigh	Kennington	FO	Burnham Joggers	High Wycombe
Simon	Kent	M55	Runnymede Runners	Ashford
Sue	Kent	F50	Runnymede Runners	Ashford
Joan	Kerr	F35	City of Salisbury A & RC (	Bournemouth
Ella	Khan	F35		Maidenhead
Christina	Kilbee	FO		Twyford
Neil	King	M50		East Horsley
Lloyd	King	M50		Penn
Sammy	King	F50		East Horsley
Stacey	King	F35		Milton Keynes
Jane	King	F40		Seaford
Brian	King	M55		High Wycombe
Emmeline	King-Evans	F40	Blackwater Valley Runners	Aldershot
Emma	Kingham	FO		London

Liza	Kirtchuk	F35	Ealing Eagles Running Club	London
Tracy	Kitchener	F40		Maidenhead
Ricky	Kloay	M40		Slough
Alison	Knight	F45	Handy Cross Runners	High Wycombe
Sani	Koch	F35		Maidenhead
Marek	Kozlowski	M40		Basingstoke
Piotr	Kubiak	M45		Slough
Mark	Lambert	M50	Windle Valley Runners	Camberley
James	Lambert	M45		Maidenhead
Esther	Lamos	F45		Graz
Mei-Ling	Lancashire	F35		Sunbury-On-Thames
Eliza	Lang	F35		Windsor
Natasha	Langford	F35	Lonely Goats RC	Stafford
Lorraine	Lanyon	FO		Witney
Usman	Latif	M40		Bristol
Laura	Lawes	F35	Blackwater Valley Runners	Aldershot
Lee	Lawrence	M65		Fareham
Rosanna	Laycock	FO		Slough
Mark	Leach	M55	Runnymede Runners	Ashford
Mandy	Leach	F45	Runnymede Runners	Ashford
Alice	Legate	FO		Swadlincote
Howard	Leigh	M60		London
Tamsin	Leybourne	F45	Tring RC	Leighton Buzzard
David	Leybourne	M45		Leighton Buzzard
Yestin	Linton-Smith	M55	Burnham Joggers	Cippenham
Alexandra	Lisle	F40		Ashford
Peter	Litchfield	M40		Maidenhead
Jonathan	Litchfield	M40	London Heathside Runners AC	London
Matt	Litchfield-Goodman	M35		Bedford
Rebecca	Lloyd	F40		Slough
Ian	Lloyd	M40		Slough
Adrian	Lloyd	M40		Aylesbury
Richard	Lock	M40	Blackwater Valley Runners	Aldershot
Janice	Long	F60	Cove Joggers	Camberley
Sara	Long	F45		Banbury
Robert	Long	MO		Aldershot
Eoin	Long	M35		Reading
Jess	Longley	FO		Egham
Alisa	Loyal	F40		Wokingham
Jessica	MacAri	FO		Maidenhead
Sheena	MacAulay	F35		Slough
Jamie	MacLeod	M35		Slough
Nathan	MacNamara	MO		Reading
Michelle	Maddocks	F40		Basingstoke
Thomas	Maddocks	M40		Basingstoke
Merwin	Man	M35		Esher
Paul	Manion	M50		Ickenham
Stuart	Mann	M75	Herts Phoenix AC	St Albans
Chris	Manton	M45	Reading Roadrunners	Wokingham
Gill	Manton	F45	Reading Roadrunners	Wokingham
Michelle	Manton	F35	Burnham Joggers	Slough
Gillian	Marais	F40		Enfield
Malcolm	Marr	M60		Southall
Vicki	Marriner	F35		Farnborough
Meredethe	Marshall	F55	Windle Valley Runners	Lightwater
Rebecca	Marshall	F40		Rayleigh
Peter	Marshall	M40		Nuneaton
Kelly	Marson	F40		Bracknell
Julie	Martin	F45	Cove Joggers	Farnborough
Christopher	Martin	M35		Slough
Lisa	Martin	F45		Marlow Bottom
Tony	Matthews	M35		Staines
Laura	Matthews	FO		Ashford
Yash	Maudgil	M60	Maidenhead AC	Maidenhead
Anthony	Mayor	M35		Maidenhead
Niamh	Mc Mahon	FO		Caversham
Lee	McAffee	M35	Rebel Runners Medway	Rochester
Cesare	McArdle	MO		Reading
Elaine	McCrudden	F50		Farnborough
Colin	McDonnell	M40		Maidenhead
Anthony	McEvoy	M40		Southall
James	McGeehan	MO		Welwyn Garden City
James	McGuire	M40		Wokingham
Emma	McKechnie	F35		Staines
Mike	McKie	MO		Reading

Sarah	McKie	FO		Reading
Derek	McKnight	M50		Haslemere
Sue	McNamara	F45		Slough
Hannah	McPhee	F35	Reading Roadrunners	Reading
Louise	McVey	F35		Slough
John	Miles	M50		Uxbridge
Mary	Miles	F50		Uxbridge
Emily	Miller	FO		Southall
Lloyd	Millichap	M45		Camberley
Richard	Mills	M35		High Wycombe
Laura	Milne	F35		Windsor
Darrell	Minvalla	M40	Westbourne R C	Bournemouth
Marcin	Mirowski	M35		Greenford
Ewan	Mitchell	M40		Leeds
Steve	Moody	M65	Windle Valley Runners	Binfield
Avtar	Mookar	M50		Slough
Avninder	Mookar	F45		Slough
Navneet	Mookar	FO		Slough
Matthew	Moore	M40		Iver
Danielle	Morgan	F40		Slough
Sophie	Morris	F40		Maidenhead
Jenni	Morris	F35		London
Elsie	Morten	FO		High Wycombe
Jo	Motto	F50	Corsham RC	Chippenham
Edina	Mullin	F35		Wallingford
Andrew	Mulvihill	M40	Burnham Joggers	Slough
Stuart	Mundy	MO		Didcot
Alexandra	Munoz	FO		Ipsden
Stephen	Mussett	MO	Loftus AC	Cleveland
Sanjeev	Mutti	M40		Bedford
Gaynor	Naisby	F40	Runnymede Runners	Ascot
Sue	Napper	F40		Milton Keynes
Peter	Nattriss	M60		Bracknell
Nell	Neale	F70	Burnham Joggers	Amersham
Emma	Newberry	FO		Hitchin
Lloyd	Nicholls	M45		Tadworth
Louise	Nicholson	F35	Stubbington Green Runners & AC	Fareham
Katherine	Nicklin	F40		Welling
Betty	Njuguna	F45		Crawley
Joy	Noad	F55	Southern Counties Veterans AC	Marlow
Stephanie	Norman	F35		High Wycombe
Melanie	North	F35		Staines-Upon-Thames
Pasqualino	Notaro	M45		Bedford
Emma	Noyce	F40	Gosport Road Runners	Lee-On-The-Solent
Lisa	Nugent	F40		Farnham
Simon	Nutbrown	MO	Reading Joggers	Reading
Jennifer	O Sullivan	F35		Cork
Isabelle	O Sullivan	FJ		Cork
Christine	Omahony	F45		Chesham
Hayley	Oleary	FO		Farnborough
Sarah	Ordoyno	F40		Twickenham
Ross	O'Reilly	MO		Rickmansworth
David	Osborne	M50	Cherwell Runners & Joggers	Banbury
Dawn	Osborne	F50	Cherwell Runners & Joggers	Banbury
Christine	O'Shaughnessy	F45		Harrow
Os	Osman	M50		Enfield
Jan	Ouvry	F50		Southampton
Steve	Overbury	M50	Maidenhead AC	Maidenhead
Cathy	Owen	F35	Bracknell Forest Runners	Bracknell
Rachel	Paddon	F35		Woodford Green
Chris	Page	M40	Windle Valley Runners	Camberley
Joanne	Palmer	F40	Lichfield RC	Tamworth
David	Parfett	M50	Handy Cross Runners	High Wycombe
Nina	Parracino	F35		Maidenhead
Glyn	Parry-Jones	M40		Staines
Emily	Pate	FO	Hazlemere Runners	High Wycombe
Hiren	Patel	M40	Redway Runners	Milton Keynes
Sonal	Patel	F45		Hove
Sarah	Paterson	F40		Bournemouth
Lynne	Patrick	F55		Beaconsfield
Jamie	Patterson	M35		Windsor
Gerard	Pause	M55	Runnymede Runners	Staines-Upon-Thames
Chris	Payne	F65		Derby
Sean	Paynter	MO	Datchet Dashers	Windsor
Harriet	Paynter	FO		Windsor

Nigel	Pearmain	M50		Slough
Lucy	Pearson	F35	Overton Harriers & AC	Basingstoke
Stewart	Pendle	M55		Windsor
Andy	Pennell	F35		Tring
Becky	Perry	F35		Yateley
Jackie	Peskett	F55	Blackwater Valley Runners	Aldershot
Ivor	Peters	M45		Ascot
Marc	Phillips	M35		Windsor
Steve	Pilgrim	M60	Runnymede Runners	Old Windsor
Richard	Pink	M50	Maidenhead AC	Maidenhead
Astrid	Pocklington	F45		Slough
Rosie	Pompermaier	F70	Cove Joggers	Farnborough
Joanne	Porter	F45	British Military Fitness	Camberley
Timothy	Porter	M45	British Military Fitness	Camberley
Camilla	Potter	FO	Datchet Dashers	Windsor
Neil	Potter	M45	Datchet Dashers	Maidenhead
Karen	Powton	F40		Staines-Upon-Thames
Kirsty	Prior	F45		Bristol
Linda	Prouton	F50	Hedge End RC	Southampton
Sian	Pursey	F40		Leicester
Susan	Pye-Beraet	F45	Datchet Dashers	Windsor
Natalie	Quint	FO		Windsor
Yusuf	Rafiq	M40		Ealing
Tahmina	Rahman	FO		Gerrards Cross
Ashish	Raja	MO		Maidenhead
Sam	Ralph	MO		Staines Upon Thames
Rima	Rampersaud	F40		Watford
Mark	Randall	M45		Surbiton
Daniel	Rangecroft	M35		Slough
Melanie	Ratcliffe	F40		Windsor
Guy	Ratcliffe	M45	Datchet Dashers	Windsor
Claire	Rayner	F45		Reading
Helen	Reed	FO	Headington RRC	Oxford
Anna	Reed	F35		Colden Common, Winchester
Kerry	Reeder	F45	Cherwell Runners & Joggers	Banbury
Peter	Rees	M40		Mytchett Camberley
Kaleem	Rehmani	M35		Harrow
Alexa	Reid	F40		Slough
Sadie	Restorick	F35		Stoke Poges
Sandra	Rhodes	F55	Three Counties Running Club	Wisbech
Stephen	Rhodes	M55		Wisbech
Deana	Rice	F55		Farnham
Michael	Rice	M50	Blackwater Valley Runners	Farnham
Sam	Richard	F45		Rochdale
Gareth	Richards	M35		Sutton
Emma	Riddell	F35		Birmingham
Mark	Riddell	M40		Birmingham
Anthony	Riddle	M35		Uxbridge
Paul	Ridgley	M45		Princes Risborough
Mathilde	Riou	FO		Shepperton
Jo	Rippingale	FO	Reading Roadrunners	Reading
Karen	Roake	F45	Runnymede Runners	Staines-Upon-Thames
Benjamin	Roberts	M35		Bracknell
Andy	Robertson	M35		Ashford
Oliver	Robins	M35		Windsor
Kylie	Robinson	FO	Framlingham Flyers	Woodbridge
Neil	Robinson	M35	Fairlands Valley Spartans RC	Hertfordshire
Graham	Robinson	M45		Bracknell
Paula	Robinson	F40		Bracknell
Julie	Robinson	F50		Hounslow
Edward	Robinson	M45		Ascot
Carolyn	Robson	FO		Marlow
Gabrielle	Robson	FO		London
Joanne	Roche	F45		Slough
Andrew	Roden	MO		Windsor
Scott	Roden	M45		Camberley
Margaret	Rodie	F50		Bristol
Hannah	Rogers	FO		High Wycombe
Tom	Rogers	M50	Garden City Runners	Hitchin
Laura	Rogg	FO	Bracknell Forest Runners	Bracknell
Simon	Rogg	M35	Bracknell Forest Runners	Bracknell
Faye	Roll	F40		Pewsey
Richard	Rose	MO		Preston
Jo	Rose	F40		Maidenhead
Caroline	Ross	F35		Windsor

Catherine	Rourke	F35		Sowerby Bridge
Claire	Sacre	F50		Camberley
Greg	Sanderson	M35		Windsor
Charlotte	Sandhu	F35	Runnymede Runners	Bedfont
Mike	Sankey	MO	Bracknell Forest Runners	Wokingham
Roger	Sargeant	M50		Sevenoaks
Charlie	Sargeant	MO		Sevenoaks
Sam	Sargeant	MJ		Sevenoaks
Sue	Sargeant	F50		Sevenoaks
Jack	Saunders	MO		Ascot
Ben	Sawyer	M40		Slough
Clare	Schauerman	F45		Feltham
Benjamin	Schiffer-Harte	M35	Team Kennet	Thatcham
Soren	Schultze	M55	Windle Valley Runners	Camberley
David	Scott	M35		Ashford
Waleska	Scott	FO		London
David	Scott	M40		Windsor
Sarah	Scouse	F45		Reading
Arun	Sehdev	M40		Coventry
Alan	Sewell	M40		Basingstoke
Bella	Shah	F50	Datchet Dashers	Windsor
Nishil	Shah	M40		Burnham
Paul	Sharp	M45	Maidenhead AC	Maidenhead
Harry	Shearer	MJ		Wokingham
Kate	Shephard	F45		Slough
Penny	Shepherd	F40		Windsor
Keith	Shurville	M35		Windsor
Marta	Siekierka	F35		London
Tomasz	Siekierka	M35		London
Andre	Silva	MO		Windsor
Amanda	Silvey	F40	Burnham Joggers	Slough
Venetia	Simchowitz	F45		Bromley
Sarah	Simms	F40		Maidenhead
Daniel	Simper	MO		Ashford
Peter	Simpson	M50		Woking
James	Simpson	M40		Slough
Thomas	Sinclair	MO		Herne Bay
Stephanie	Skehan	F35		Slough
Emma	Skinner	FO		Windsor
Michael	Slavin	MO		Staines
Jo	Smith	F45		Maidenhead
Darren	Smith	M45	UKRunChat Running Club	London
Matthew	Smith	M55	Datchet Dashers	Slough
James	Smith	M40		Staines
David	Smyth	MO	Abingdon AC	Abingdon
Linda	Solomon	F60		Ascot
Dave	Soloway	M35	On The Run Aylesbury	Aylesbury
Gurminder	Sooch	M40		Slough
Chris	Speed	M60		Wokingham
Jo	Speed	FO		Wokingham
Amy	Speed	FO		Wokingham
Caroline	Speed	F55		Wokingham
Bryan	Spencer	M55		Wokingham
Matthew	Springall	M50		Slough
Ian	Stagg	M45		Abingdon
Hayley	Stamp	F35	Silson Joggers AC	Greens Norton
Maria	Stanford	F60		Hailsham
Kingsley	Starli	M75	Reading Joggers	Reading
Sinead	Steed	F50		Hampton
Helal	Stephan	M70	Maidenhead AC	Maidenhead
Ally	Stephens	F45		Billericay
Mark	Stephenson	M45		Windsor
Chris	Stocks	M35		Aylesbury
Nicola	Stokes	F35	RunThrough	London
Simon	Stokes	MO	Runnymede Runners	Egham
Peter	Stoner	M40		Bordon
Jane	Stratford	F50		Ascot
Stephanie	Strath	FO	Windle Valley Runners	Camberley
Elzbieta	Strzelczyk	F35		Slough
Lubomir	Strzelecki	M45		Hatfield
Corinne	Sutherland	F45		Eastleigh
Barry	Sutton	M45		Windsor
Russell	Sutton	M40		Windsor
Paula	Swallow	F50		London
Clare	Sweeney	FO		Reading

Vicky	Sweeney	F40		Hook
Emma	Sykes	F40		Aylesbury
Anna	Tait	F35	Bracknell Forest Runners	Crowthorne
Estelle	Taplin	F40		Reading
Daniil	Tarakanov	MO		London
Barry	Tavener	M35	Dagenham 88 Runners	Dagenham
Les	Taylor	M50	Rebel Runners Medway	Gillingham
Ben	Taylor	M35		Staines Upon Thames
Rebecca	Taylor	F45		Newbury
Rachel	Taylor	F35		Virginia Water
Matthew	Taylor	M35		Staines-Upon-Thames
Sean	Tester	M50	Eastbourne Rovers AC	Bexhill-On-Sea
Julie	Tester	F55	Eastbourne Rovers AC	Bexhill-On-Sea
Linda	Third	FO		Woodley
Glen	Thirsk	MO	Handy Cross Runners	High Wycombe
Karen	Thomas	F50	Cherwell Runners & Joggers	Banbury
Ian	Thomas	M55	Cherwell Runners & Joggers	Banbury
Claire	Thompson	F50		Ware
Louise	Thompson	FO		Reading
Katharine	Tompson	F45	Hazlemere Runners	Great Missenden
Layla	Toomer	F35		Southsea
Jacqui	Townley	F45		Basingstoke
Chris	Townley	M50		Basingstoke
Fiona	Trent	F35		Gravesend
Anna	Trzaska	F35		Slough
Imtiaz	Turab	M50	Handy Cross Runners	Slough
Catherine	Vahey	F60		Belper
Sam	Vale	MO		London
Leendert	Van De Linde	M45	Tring RC	Leighton Buzzard
Katie	Van De Linde	F50	Tring RC	Leighton Buzzard
Gwen	Van Den Heuvel	F35		London
Marissa	Van Donkelaar	F35	Runnymede Runners	Windsor
Amanda	Van Elkan	F35		Slough
Sally	Vigurs	FO		Iver
Neelam	Vithlani	F40		Ruislip
Sonal	Vithlani	F45		Maidenhead
Rupal	Vithlani	F45		Windsor
Maria	Waite	F50	Rickmansworth Running Sisters	Rickmansworth
Jo	Wake	F45		Hook
Livi	Wake	FJ		Hook
Robin	Wakefield	M60	Windle Valley Runners	Camberley
William	Walker	F50		Richmond
Sheryl	Walters	FO		Woking
Craig	Ward	M35		Farnborough
Tony	Warf	M45	Datchet Dashers	Windsor
Jo	Warnock-Horn	F55	Hazlemere Runners	High Wycombe
Rupert	Warren	M35		Wokingham
Terri	Warren	F35		Wokingham
Kate	Warren	F40		Wokingham
Charlie	Watson	FO		Tring
Graeme	Wellard	MO	Runnymede Runners	Chertsey
Karen	Wellbelove	F40		Wokingham
Kevin	West	MO		Southampton
Leanna	Whaley	FO		Egham
John	Wharton	M40		Great Bentley
Paul	Whitcombe	M50	Runnymede Runners	Addlestone
Joseph	White	M35		Fareham
Thomas	White	M35		Fareham
Janis	White	F60	Portsmouth Triathletes	Fareham
Paul	White	M50		Maidenhead
Kyla	Whitefoot	F40	UKRunChat Running Club	Fleet
Paul	Whitehead	M50		Milton Keynes
Lynn	Whittingstall	F45	Framlingham Flyers	Woodbridge
Nicky	Whyte	F50		Wraysbury
Kirsten	Widdowson	F45	Trail Running Association	Bishop?S Stortford
Phil	Wigglesworth	M40		Shepperton
Jenny	Wilaon	F35	Overton Harriers & AC	Whitchurch
Corynne	Wiles	F45	Windle Valley Runners	Ascot
Anna	Wiles	FJ		Ascot
Derek	Wilkins	M60	Burnham Joggers	Maidenhead
Sam	Wilkinson	MO	Lonely Goats RC	Vauxhall
John	Wilkinson	M55	Lonely Goats RC	Staines
Jonny	Williams	M40		Maidenhead
Steve	Williams	M50		Slough
Amanda	Williams	F40	On The Run Aylesbury	Aylesbury

Sam	Williams	M35	Marlow Striders	Marlow
Jane	Williams	F50	DASH Athletics	Wokingham
Christopher	Williams	MO	Brunel University AC	Honiton
Debbie	Williamson	FO		Old Windsor
Mark	Willis	M45	On The Run Aylesbury	Aylesbury
Mo	Willis	F45	Runnymede Runners	Staines-Upon-Thames
Gordon	Wilson	M50		Faringdon
Sue	Wilson	F55		Horsmonden
Rob	Wilson	MO		Wokingham
Paul	Wimbush	M35		Isleworth
Elżbieta	Wójtowicz	F40		Hatfield
Joanna	Wood	F35		High Wycombe
Cheryl	Wood	F50		Hampton
Piers	Wood	M50		Hampton
Myles	Wood	MJ		Hampton
Loic	Wood	MJ		Middlesex
Susan	Wood	F40		Slough
Simon	Worsley	MO		High Wycombe
Lucy	Worsley	FO	Hazlemere Runners	High Wycombe
Dave	Wright	M50	Chineham Park Runners	Basingstoke
Anna	Wright	F40		Ballinger
Robert	Yates	M50	Handy Cross Runners	High Wycombe
Aggy	York	F35	Latton Runners	Todmorden
Mark	York	M35		Todmorden
Neil	Young	M50		Southend-On-Sea
Paula	Young	F40		Southend-On-Sea
Anna	Zalaba	FO		Bracknell
Chris	Zaremba	M60		Gerrards Cross